

1 tbsp

10-Minute Chicken Enchilada Skillet

This satisfying and super simple dinner provides fiber, protein and flavor - and makes great leftovers for lunch the next day!

INGREDIENTS

rotisserie chicken, shredded 2 cups ground cumin ½ tsp oregano ½ tsp nutritional yeast 1 tbsp ½ cup canned black beans (drained and rinsed) small yellow onion, chopped 1 cup organic enchilada sauce (Simply Organic brand is a great option) ¼ cup salsa 3 corn, almond flour or cassava flour

tortillas, thinly sliced into strips (Siete brand works well!)

avocado, chives, shredded cheese

coconut oil for cooking

INSTRUCTIONS

SERVES 4

- Add the coconut oil to a large skillet over medium heat along with the shredded chicken.
- Add the seasonings, nutritional yeast, black beans, onion, enchilada sauce, and salsa. Mix well and cook for 5 minutes.
- Next, add the cassava flour strips and gently stir.
- Remove from heat and top with the cheese (if using) and any additional toppings of choice.
- 5 Enjoy with additional tortilla if desired!



Optional Toppings

Seite brand tortillas are a great alternative to traditional flour tortillas if you're looking to make this meal gluten or grain free!