

OPEN THE APP

Challenge

PRINTING INSTRUCTIONS

Choose if you prefer the simple board or the color-by-number version. See below for which page to print based on your preference. Then, simply mark off each day you open your app. Enjoy!



Print page 2 in portrait format for the simple version in color.



Print page 3 in portrait format for the simple version in black and white.



Print page 4 in landscape format for the color-by-number version.





OPEN THE APP *Challenge*



30 days of realistic progress.

Track each date you open the app and experience
the difference of starting small.

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30



OPEN THE APP *Challenge*



30 days of realistic progress.

Track each date you open the app and experience
the difference of starting small.

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

OPEN THE APP

Challenge

30 days of realistic progress.

Track each date you open the app and experience
the difference of starting small.

